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RCMP probing toddler's death

KENTVILLE The RCMP is investigating what it calls the unexpected sudden death of a three-year-old boy.

The child died Saturday afternoon after someone called 911 from a home in Kentville.

Police spokeswoman Sgt. Bridgit Leger told the CBC that an autopsy has been conducted and police are investigating every possibility in the death, including foul play.

No time frame was given on when the cause of death would be determined.

Investigators were again at the home where the child died yesterday. A make-shift memorial has been set up on the doorstep of the home.

METRO HALIFAX

Canadiens Mightier than the Pens



Montreal's Dominic Moore, left, celebrates his first-period goal with P.K. Subban last night against Pittsburgh. The Canadiens went on to win Game 7 by a score of 5-2, eliminating the Penguins from the Stanley Cup playoffs. Montreal will play the winner of the Boston-Philadelphia series in the Eastern Conference final. **More coverage, page 13.**

Moratorium decision to be made today

OFFSHORE EXPLORATION The Nova Scotia government is expected to announce its decision today whether to review a moratorium on oil and gas exploration on Georges Bank.

A spokesman for the Energy Department says the decision will be released after a cabinet meeting.

Premier Darrell Dexter has said the oil spill in the Gulf of Mexico has brought the matter of offshore drilling activity to the forefront of public discussion.

Nova Scotia fishermen who fear potential damage to fish stocks have supported the moratorium.

The moratorium dates from 1988 and is set to expire in 2012 if the province doesn't extend it.

U.S. President Barack Obama has extended until 2017 the moratorium on the much larger American side of the fishing grounds.

THE CANADIAN PRESS

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Find out on
the Local
page.

Local pg 4

Economy in 'good' shape

Physio Week pg 15

Dealing with pregnancy pain

On the web

Visit metronews.ca
for news updates

JENNIFER TAPLIN
jennifer.taplin@metronews.ca

Got info?

• Anyone with information regarding the man or men in these sketches is asked to call Halifax Regional Police at 490-5016, or Crime Stoppers at 1-800-222-8477 or online at www.crimestoppers.ns.ca.

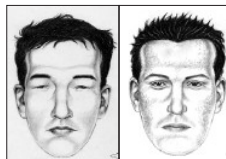
A sketch released yesterday of a sleepwatcher who woke a young woman earlier this month bears a striking resemblance to a man who watched several university women sleep last year.

But Halifax Regional Police spokesman Const. Brian Palmeter said there are some subtle differences — like age and height descriptions — between the two suspects.

"Until we make an arrest, I don't think we can say if

they're linked or not," he said.

Between September 2008 and September 2009, 15 female university students in south-end Halifax reported a man snuck in through an unlocked door or window to watch them sleep.



West end

South end

Last fall, a man who matched the description of a suspect when a victim wakes up, but in this case, Palmeter said, the witness was very helpful in providing information.

"There wasn't enough information to charge that individual with that offence," Palmeter said.

Then on May 1, a man broke into a family resi-

dence on Edinburgh Street in Halifax's west end. He walked into the bedroom of a young woman who shared the house with her parents and sibling. He woke her and began masturbating. He was confronted and left the house.

Normally it's difficult to get an accurate description of a suspect when a victim wakes up, but in this case, Palmeter said, the witness was very helpful in providing information.

"The other cases were all university women and in this case it was a family dwelling, so this is a little different. The similarity is

that entry was gained through an unlocked door," said Palmeter.

Another connection is all the incidents appear to be crimes of opportunity, he said.

"In this case, we don't have enough information to suggest he was scoping out or casing out these homes, but we would ask the public to take a look at the sketch and if they see someone matching that description to call police or if they see someone they believe who is casing out a property or checking out homes or doors to call police."

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Local



WWE Smackdown stars hit Halifax

World Wrestling Entertainment is returning to Halifax on Saturday with the Smackdown brand coming to the Metro Centre at 7:30 p.m. The main event features The Big Show against World Heavyweight Champion Jack Swagger. Rey Mysterio and Christian will also tag up against Luke Gallows and a mystery partner. Also scheduled to perform are Matt Hardy, MVP and Cody Rhodes. Tickets range in price from \$34.25 to \$74 and are available at all Ticket Atlantic outlets, online at ticketatlantic.com or by phone at 451-1221.

METRO HALIFAX

Murder hearing set for next week

DELAYED A hearing in the first-degree murder trial of Ashley Haley and Desmond Maguire was put off until next week. Both are charged in relation to the New Year's Eve 2007 slaying of Jennifer Horne, a 20-year-old woman from Cole Harbour. A Nova Scotia Supreme Court justice will decide if the June trial will be by judge alone or jury. Also a request for a change of venue has been requested by the defense. The hearing will resume on Monday and the trial is scheduled for June 7.

JENNIFER TAPLIN/METRO HALIFAX

Base to hold memorial service for fallen sailor

JENNIFER TAPLIN
jennifer.taplin@metronews.ca

A memorial for Chief Petty Officer 2nd Class Craig Blake will be held at CFB Shearwater tomorrow.

The Shearwater-based navy diver was killed by a roadside bomb near Pay-e-Moluk, a village about 25 kilometres southwest of Kandahar City on May 3.

His remains were flown into Halifax Stanfield International Airport on

Tuesday and his body was then led by police escort and about 25 veterans on bicycles to Stadacona Chapel at Canadian Forces Base Halifax.



Craig Blake

A Celebration of Life memorial service will be held at 10 a.m. tomorrow in the F Hangar at Shearwater.

First sailor

Blake, a Simcoe, Ont., native, was the first Canadian sailor to die in Afghanistan since the mission began in 2002.

"The focus is going to be on the family, friends and Canadian Forces members but allowing space for that, public will be allowed in as well," said Lt. Edward Stansfield in an in-

terview yesterday.

"There's going to be a private scattering at sea ceremony with just the family after the memorial service."

Blake, 37, was a husband and father of two. He loved hockey and was named pee-wee coach of the year.

"He was an awesome guy," former navy diver Darren MacIsaac told Metro last week. "He loved his family and loved his work."

No details on Halifax Rocks

CONCERT An expected announcement this week of the lineup for the July 23 portion of Halifax Rocks 2010 isn't happening. Michelle MacKay of Power Promotional Concepts said yesterday the musical lineup will now be announced at a news conference next Wednesday.

She said finalizing insurance details for the performers is behind the delay. Last month, Metro reported the rumours of Bob Dylan headlining the show were on the outs as promoters look for acts who haven't played in the city before.

METRO HALIFAX



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What's online today.

Blogs Backbeat backs up his theory that May is music's mightiest month



Lotteries

Lotto 6/49: 8, 9, 20, 25, 28 & 29. Bonus 38
These results are not official.

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NSCC How does your garden grow?



Landscape architect Sue Sirrs puts some of the final plants in the living wall outside the Centre for the Built Environment at the Nova Scotia Community College Waterfront Campus in Dartmouth. The wall, which contains 7,000 living plants, is nearly 25 metres long and 3.6 metres tall. The 120,000-square-foot Centre for the Built Environment opens in September.

Two men charged after grow-op discovered

CRIME A pair of Halifax men are facing drug charges after two residences were searched by police on Tuesday night. Halifax Regional Police say the first search was conducted in the 5300 block of Inglis Street just after 9 p.m.

Police say marijuana, hash, psilocybin mushrooms, cash and other drug paraphernalia was seized.

The two men were arrested without incident.

From information obtained in the first search, police say a second search was then conducted at a residence in the 1000

block of Tower Road, where a marijuana grow-op was discovered.

Over 100 marijuana plants were seized, police say, along with other marijuana, psilocybin mushrooms and grow-op equipment.

William Clarke Irving, 26, and Isaac Christopher Schoeler, 27, are each facing three charges of drug trafficking in relation to the searches.

Schoeler is also facing an charge of drug production.

Both of the men appeared in Halifax provincial court yesterday.

METRO HALIFAX

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Twenty per cent of people surveyed say they have gone downtown more than once a week in the past year. At the other end of the scale, four per cent said they never went downtown once. **METRO HALIFAX**

Downtown visits

citythink
Bristol talks to the people in your neighborhood

Majority values recent growth

ALEX BOUTILIER
for Metro Halifax

DEVELOPMENT The majority of Haligonians consider the economic, residential and commercial growth over the last decade a boon to the municipality, according to the CityThink poll.

Sixty-seven per cent of respondents in the survey said economic growth over the last 10 years has been beneficial to HRM. The numbers were similarly high for residential and commercial growth — with 69 per cent and 70 per cent, respectively.

"That positive nature, that confidence that people have in the future and the growth that's occurred ... is quite important," said Fred Morley, senior vice-president of the Greater Halifax Partnership.



"That confidence that people have in the future and the growth that's occurred ... feeds into the economy."

Fred Morley, Greater Halifax Partnership

Ten per cent of respondents said recent residential growth has been bad for the city, and six per cent said the same of commercial growth.

"The people who weren't happy with the growth said the city's different, it's expanded too fast, those kind of things," said Wight. "But (they were) clearly in the minority."

According to Wight, one of the benefits of the survey is that a cross-section eliminates the interests of the "vocal minorities" that dominate the issue, whether for or against.

Economic outlook bright: Poll

Most rate HRM's economy positively, expect good performance next year

ALEX BOUTILIER
for Metro Halifax



CityThink lineup

- Today: Economy
- Tomorrow: Development
- Monday: Transit
- Tuesday: Municipal politics

Haligonians have a rosy outlook on the municipality's economy and future, according to the CityThink survey.

Forty-nine per cent of respondents in the survey rated HRM's economy as "good." Another 35 per cent felt the economy was "fair," while six per cent considered it "excellent."

The survey, conducted by Bristol Omnifacts Research for Metro Halifax and the Greater Halifax Partnership, also found the vast majority — 89 per cent — felt the city's economy would perform as well or better next year.

Craig Wight, vice-president of Bristol Omnifacts Research, said the responses are encouraging given the economic climate of the past two years.

"Given the two years we've come out of, you might expect a different reaction," he said.

"The fact that people are saying, 'Hey, we're not doing' and 'I think we're going to do better ... is encouraging."

Wight said the positive outlook may stem from Atlantic Canada coming through the global recession relatively unscathed.

"Not that we were unaffected, of course, everybody was affected. But not so severely," he said.

Of the 500 people surveyed, 67 per cent felt the economic growth that has taken place the past decade has been "good" for HRM.

Another 25 per cent said it was neither good nor bad for the municipality.

"People understand that the growth that has occurred has been positive, useful for the city," said Fred Morley, senior vice-president of the Greater Halifax Partnership.

Morley said he wasn't surprised people think growth has benefited Halifax. He said people perceive a connection between economic growth and the vibrancy of their communities.

"That's what's coming through here. People get that a vibrant, growing community is important to them," said Morley.

CityThink sampled 500 residents of HRM last month, and the survey carries a margin of error of 4.4 per cent, 19 times out of 20.

ShareYourViews

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A slight majority of respondents to the new CityThink poll rate HRM's economy as being good or excellent.

CityThink survey results on the topic of HRM's economy

The CityThink survey sampled 500 residents in HRM last month and carries a margin of error of 4.4 per cent, 19 times out of 20.

1 Overall, how would you rate HRM's economy?

- Excellent – 6%
- Good – 49%
- Fair – 35%
- Poor – 8%
- Don't know/Refused – 2%

2 Thinking ahead to this time next year, do you expect HRM's economy to be ...

- Better – 32%
- About the same – 57%
- Worse – 9%
- Don't know/Refused – 1%

3 And how would you rate HRM as a place to do each of the following? Is HRM an excellent, good, fair or poor place to ...

a.) Start a new business

- Excellent – 5%
- Good – 36%
- Fair – 37%
- Poor – 14%

b.) Grow an existing business

- Excellent – 4%
- Good – 41%
- Fair – 41%
- Poor – 6%
- Don't know – 7%

c.) Work in the field for which you are trained

- Excellent – 4%
- Good – 41%
- Fair – 41%
- Poor – 6%
- Don't know – 7%

d.) Earn a competitive salary for the work you do

- Excellent – 9%
- Good – 38%
- Fair – 33%
- Poor – 15%
- Don't know – 4%
- Refused to answer – 1%

e.) Participate in a wide

range of leisure activities

- Excellent – 24%
- Good – 52%
- Fair – 19%
- Poor – 5%

f.) Develop commercial real estate such as office buildings, industrial sites and retail properties

- Excellent – 9%
- Good – 43%
- Fair – 30%
- Poor – 11%
- Don't know – 7%

4 Thinking in general about the economic growth that has occurred in HRM over the past 10 years, would you say it has been ...

- Good for HRM – 67%
- Neither good nor bad for HRM – 25%
- Bad for HRM – 5%
- Don't know – 2%

5 Thinking in general about the residential development that has occurred in HRM over

the past 10 years, would you say it has been ...

- Good for HRM – 69%
- Neither good nor bad for HRM – 20%
- Bad for HRM – 10%
- Don't know – 1%
- Refused – 1%

6 Thinking in general about the commercial development that has occurred in HRM over the past 10 years, would you say it has been ...

- Good for HRM – 70%
- Neither good nor bad for HRM – 22%
- Bad for HRM – 6%
- Don't know – 2%

7 Do you feel more positive, more negative or about the same toward Downtown Halifax compared to three years ago?

- More positive – 16%
- More negative – 19%
- About the same – 64%
- Don't know – 1%

8 On a scale of one to 10, with 10 being "very concerned," how concerned are you about the changes happening in Downtown Halifax?

- 10 – 9%
- 9 – 2%
- 8 – 11%
- 7 – 14%
- 6 – 10%
- 5 – 17%
- 4 – 7%
- 3 – 9%
- 2 – 4%
- 1 – 15%
- Don't know – 3%

9 Over the past 12 months, how often did you go downtown?

- More than once a week – 20%
- Once a week – 14%
- Two to three times a month – 23%
- Once a month – 16%
- Once every two or three months – 15%
- Less often – 8%
- Never – 4%

METRO HALIFAX

N.B. gas field huge, says exploration firm president

The president of a Nova Scotia-based exploration company says if a natural gas field in southeast New Brunswick proves commercially viable, it could result in "hundreds and hundreds" of gas wells. Norm Miller of Corridor Resources said yesterday the concentration of gas trapped in the shale between Sussex and Elgin is huge. **THE CANADIAN PRESS**

'Interesting' MLAs awarded

Metro's recognition for 'distinguished service' in the legislature

After almost two months covering the down and dirty process known as democracy, Metro Halifax legislature reporter Paul McLeod brings you his awards for distinguished service from some of our more interesting MLAs now that the spring session has ended.

MISS CONGENIALITY AWARD: BILL ESTABROOKS (NDP)

The floor of the legislature can be a hostile place, but not for Nova Scotia's teddy bear-like transportation minister. During question period Estabrooks would begin almost every answer by thanking the opposition member for the question, and close by congratulating them on doing such a good job representing their constituents.

How can you get mad at someone like that?



Estabrooks

WILD CARD AWARD: ALLAN MACMASTER (PC)

One minute he's delivering an eloquent policy argument, the next he's in the legislature waving his arms like Braveheart yelling, "We will be back to fight again!"

Whether he's promising to balance the budget without tax hikes or cuts, speaking nostalgically of his fondness for Pabst Blue Ribbon beer, or sending out a press release bragging he voted against his own party, Rodney MacDonald's Inverness replacement was always entertaining.



MacMaster

ROOKIE OF THE YEAR AWARD: ANDREW YOUNGER (LIB)

Call him the Liberals' answer to Graham Steele. The former HRM councillor used his



Younger

pendant for policy analysis to effective ends, frequently firing detailed and researched questions at the government. Of course he still got his share of heckling. "Maybe when the Younger member becomes an older member he'll get his facts straight," NDP cabinet minister John MacDonnell once responded.

ERNIE FAGE COMMEMORATION AWARD: TREVOR ZINCK (IND)

After being kicked out of the NDP caucus, Zinck began the legislature with a wild first week of allegations against his former colleagues.



Zinck

But once the hubbub dropped off Zinck spent much of the rest of the session sitting by himself as an Independent in the back corner of the room behind the Liberals, watching the action from the sidelines while deep in thought.

MISPLACED CABINET MINISTER AWARD: STERLING BELLIVEAU (NDP)

It made sense to task longtime fisherman Belliveau with the Fisheries portfolio, but making him environment minister at the same time raised some eyebrows. The latter job caused embarrassment when Belliveau didn't know of an important bottled water ban hours after Premier Darrell Dexter had announced it.



Belliveau

MOST POPULAR METAPHOR AWARD: THE DEXTER BUS

The Dexter Bus, which the premier would use to figuratively run over and kill unfortunate citizens, was a popular talking point among Tories and Independent MLA Trevor Zinck. Eventually, so many Dexter Bus hit-and-run references were made that Tory MLA Chuck Porter began questioning who had built this bus fleet.

Acadie Historic map



Speaker of the House of Assembly Charlie Parker, left, and Desiré Boudreau, Fédération acadienne de la Nouvelle-Écosse president, unveil a production of an 18th-century map of Acadie yesterday at the legislature. The original map dates from 1757 and depicts several Acadian villages along the Annapolis River.

Gulf crisis raising shrimp prices: CEO

FISHERIES The chief executive of Nova Scotia-based High Liner Foods says higher prices are expected for shrimp over the next six to 12 months due to the massive oil spill in the Gulf.

Henry Demone of High Liner Foods Inc. said during a conference call yesterday there's been an international shortage of fresh shrimp supply since the catastrophe.

"Buyers are out on the market trying to replace that supply and that's led to higher shrimp prices," Demone said farmed shrimp worldwide is replacing the reduced supply of fresh shrimp from the Gulf, and that has tightened overall supply.

He predicted over time aquaculture operations would increase production and prices would stabilize.

THE CANADIAN PRESS

Utility and review board gets national nod for website

ONLINE The Nova Scotia Utility and Review Board has won a national award for creating one of the most publicly accessible and innovative websites in Canada.

The Canadian Association of Members of Public Utility Tribunals praised the Nova Scotia regulator for designing a site that offers current access to evidence and case information.

The association also praised the utility regulator for "a fully electronic hearing room" with good sound amplification, an electronic display of information and wireless access to the Internet.

The association award states the review board received the 2010 award for innovation and leadership.

THE CANADIAN PRESS

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celebrate remember fight back

Neptune Theatre is holding auditions for its 2010 Youth Performance Company (YPCo) on Saturday and Sunday. The performance company encourages students aged 13 to 18 who are interested in acting, singing and dancing to try out. For more details, call 429-7300. **METRO NEWS SERVICES**

Gambling study methods flawed: Steele

Nova Scotia will not undergo a new study on the costs of problem gambling until someone, somewhere figures out how to do such a thing.

Finance Minister Graham Steele said the province will not make a second attempt to study the issue because no one knows exactly how to do it. The province recently killed a long-delayed study into the issue after paying

\$140,000 for it, saying the methodology was too flawed to be of any value.

"Part of it was the challenge of going where nobody had gone before," Steele said this week.

He said attempting another plan right now would be throwing good money after bad.

"It's not that we don't want to know, it's that nobody knows how to do it. The previous government



"It's not that we don't want to know, it's that nobody knows how to do it."

Finance Minister Graham Steele

hired somebody who thought he knew how to do it and it ended in what I can only call failure," said Steele.

"Until we're sure that it can be done and people know how to do it, we

don't want to repeat the failure."

The province has refused to release the results of the previous report. Steele said if someone somewhere else comes up with a proper methodolo-

gy for measuring the costs of gambling he would like to see that performed here in Nova Scotia.

At the same time the province is pursuing a five-year gambling strategy that will look forward to the year 2016. It will be developed by Ron L'Esperance, a former deputy minister in the province. The study will look at how to deal with problem gambling, despite not knowing

the full costs. He said the province will not be banning VLTs so it needs to find ways to mitigate damage.

"We need to know what practical steps will actually work that will come to grips with the problem that a relatively large proportion of VLT revenue comes from a relatively small number of people," said Steele.

THE CANADIAN PRESS

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Steele, ministers open to possible national securities commission

FINANCE Ministers responsible for protecting investors and ensuring fairness in Atlantic Canada's capital markets say they are keeping an open mind to the idea of a national securities commission.

"Generally speaking, it is better for Nova Scotia issuers to have a national regulator," Nova Scotia Finance Minister Graham Steele said in an interview yesterday.

Steele said while the province supports the idea of a national overseer, it comes with certain conditions: "We want a local office, assurances there is room for local investment funds and we'd be looking to be compensated for the lost revenue stream."

Steele estimated the province's annual take from fees at about \$9 million.

"We also want to make sure that for any province that is not participating the system it is set up in such a way as to be seamless," he said.

The position stands in stark contrast to Quebec and Alberta, which remain fiercely protective of their own agencies and have launched legal challenges to prevent Ottawa from moving in that direction.

Federal Finance Minister Jim Flaherty, who has

Atlantic ministers

- In New Brunswick, where oversight for securities falls to the Justice Department, minister Bernard LeBlanc is still getting up to speed on the issue, saying he wants to see the fine print in Flaherty's proposed bill.
- Government Services Minister Kevin O'Brien, whose department oversees the market regulator in Newfoundland and Labrador, is also taking a cautious approach, adding he sees merit in the existing collaboration between all 13 provincial and territorial regulators.
- A spokesperson for Doug Currie, Prince Edward Island's attorney general, said the island is open to the establishment of a national securities regulator if the conditions are right.

called the lack of such an umbrella agency "an international disgrace," has promised a draft securities act within weeks and an implementation plan by the summer. He said he would also take the matter to the Supreme Court of Canada to counter Quebec and Alberta's arguments that a single regulator would impinge on provincial jurisdiction.

THE CANADIAN PRESS

Ghiz upholds Sunday shutdowns

SHOPPING P.E.I. Premier Robert Ghiz says he has no intention of lifting the shutters on Island stores on Sundays from January through May.



The Island stands out as the only province in the country without year-round Sunday shopping. The province forces stores to close on Sundays

immediately after Christmas and stay closed until the Victoria Day weekend.

During question period Tuesday, Opposition critic Mike Currie called on the premier to introduce legislation to throw the doors wide open on Sunday shopping.

But Ghiz refused.

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Police say no criminal charges will be laid over animal cruelty complaints at a southern Alberta slaughterhouse. Animal welfare activists came forward with a video last month that they said showed horses being shot and left to suffer at a Bouvy Exports slaughterhouse in Fort Macleod. **THE CANADIAN PRESS**

Canada



Now, welfare debit cards?

Manitoba's government is considering special debit cards for welfare recipients that would avoid the stigma, fees and hurdles that can come with cashing monthly cheques. The cards would access an account where money is deposited.

THE CANADIAN PRESS

Pardoned sex attacker traced

Pardoned sex predator Graham James has been tracked down in Mexico.

Reports say the former junior hockey coach has been located in Guadalajara, where he's said to be working and living in a gated community.

"I'm impressed that you found me," said James, 58, when confronted on a city street.

In 1997, James pleaded guilty to sexual assault charges stemming from allegations levelled by two of his former teen players.

James, who was sentenced to three and a half years in prison, was quietly pardoned three years

ago, but the pardon wasn't made public until last month.

The news touched off a firestorm of controversy, culminating in Ottawa's promise Tuesday to re-vamp the system and make it more difficult for repeat and violent offenders to get pardons.

THE CANADIAN PRESS



Good for us, bad for business. Soaring loonie puts squeeze on Canada's exports.

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Private investigator Derek Snowdy appears yesterday at a Commons committee.

Guergis finally gets a break

HEARING The private eye in the Guergis-Jaffer scandal says he has no knowledge of any misbehaviour by turfed cabinet minister Helena Guergis.

But Derek Snowdy is raising questions about her husband, Rahim Jaffer. He has told a Commons committee a client met Jaf-

"Haven't had anything to do with him since."

Liberal chief Alf Apps

fer and business associate Nazim Gillani and was told they could arrange "special considerations" with

the government.

Snowdy also dragged in Liberal president Alf Apps, saying he acted on behalf of Gillani in a fraud case.

Apps said his relationship with Gillani was short. "Didn't know him before; haven't had anything to do with him since." **THE CANADIAN PRESS**

Soil tested amid fear of new landslide

TRAGEDY A deadly landslide in Quebec has prompted government experts to conduct soil tests to ensure a similar tragedy doesn't happen again.

Four people were killed in St-Jude, near Montreal, when a huge chunk of land gave way Monday night, sweeping their family home along with it.

Authorities are now concerned about the safety of other homes and businesses in the area.

THE CANADIAN PRESS

News in brief

G20 Canada has rejected a demand by the United Nations chief to make climate change a priority agenda item when it hosts the G20 summit next month. **THE CANADIAN PRESS**

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Protesters decry decision to euthanize infected animals

Dozens of protesters gathered yesterday at a Toronto-area shelter run by the Ontario Society for the Prevention of Cruelty to Animals, to voice anger over the decision to euthanize about 350 animals infected by ringworm. They said euthanizing is excessive, as the disease is treatable. **THE CANADIAN PRESS**

Advocates push for new breastfeeding policy

New mothers in Ontario are inundated with baby formula by companies, which makes it even more difficult to convince women to continue to breastfeed their babies, advocacy groups said yesterday.

The Ontario Breastfeeding Committee, the Registered Nurses' Association, midwives and pediatri-

"In the absence of regulations, new moms are being targeted by companies who are inundating them with these (formula) products."

Ontario NDP MPP France Gelinas

cians want the Ontario government to develop a breastfeeding strategy for use in all hospitals.

They also want the province to stop companies from direct marketing formula to new moms as soon as they leave the hospital.

The Newman Breastfeeding Clinic, which has sites in Toronto and Alliston, Ont., sees thousands of new moms each year and is amazed at how many end up getting free formula sent to them, even when they haven't signed up for

such products, said Edith Kernerman.

"We really wonder how they get those names," said Kernerman, who is also president of the Lactation Consultants Association of Ontario.

"They say, 'I didn't sign

up for anything, I don't know how I got it.'"

New Democrat France Gelinas also wants to know how companies that make baby formula manage to get the names and addresses of new moms, and said the direct marketing to

them should be stopped.

"Our health-care system is not there to support the (mothers), but the formula companies are ready to push their products on new moms," said Gelinas.

"In the absence of regulations, new moms are being targeted by companies who are inundating them with these products."

THE CANADIAN PRESS

Question crime costs: Ombudsman

JUSTICE Canada's prison ombudsman says MPs need to ask harder questions about whether the country will get its money's worth from hugely expensive changes to the criminal justice system.

Federal politicians are agreeing to major changes that will cost billions of dollars on prisons over the next few years, says Howard Sapers, the Correctional Investigator of Canada.

"The question becomes, are you getting the best return on that investment?" Sapers said in an interview.

"What is it that we want out of our criminal justice system? We want safety in our communities. So, is building prisons the best return on investment? These are legitimate questions that have to be asked."

The impacts of the Conservatives' tough-on-crime agenda on federal and provincial budgets, prison populations and crime prevention are largely undocumented.

More than a dozen pieces of legislation — including C-25, the Truth in Sentencing Act — are changing the way the prison system works. It's up to Parliament to get to the bottom of the issue, Sapers said.

"The real question in my mind right now is not just what is the cost of C-25, but what is cumulative impact on federal corrections of all of the federal initiatives, and being thoughtful about costing those initiatives out," he explained.

"And I think that should frame the debate about

The costs

- Public Safety Minister Vic Toews said this month that just one piece of the crime agenda — C-25, the Truth in Sentencing Act — will cost the federal government about \$2 billion over five years.

- The parliamentary budget officer plans to release a report in the coming weeks that will price that legislation at between \$7 billion and \$10 billion, for provincial and federal governments over the next five years, with the provinces shouldering most of the cost.

whether or not (it) is a good return on investment."

Kim Pate, who heads the Canadian Association for Elizabeth Fry Societies, goes even further. She says Parliament is responsible for "egregious breaches of fiduciary responsibility" for passing laws without researching what the true costs are.

Public Safety Minister Vic Toews has said repeatedly that even as the federal prison population rises, costs will be kept down by double-bunking inmates and expanding additional facilities.

Extra prisons will be built as necessary, he says. And the price tag is worth it because the crime legislation will keep dangerous people off the streets.

But double-bunking is not an acceptable answer for Sapers, Pate and others concerned about the state of the country's prisons.

THE CANADIAN PRESS

News in brief

POWER STRUGGLE Hydro-Quebec doesn't have to channel electricity from a future hydroelectric complex in Labrador, according to a ruling by Quebec's energy board. In its decision, released yesterday, the board concluded

that Hydro-Quebec "was entitled to refuse to negotiate" a contract with Newfoundland and Labrador Hydro to transmit power from the province to other parts of Canada and the United States.

THE CANADIAN PRESS



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Italian police say drug smugglers pretending to be pilgrims slipped cocaine into Italy in their luggage as part of a trafficking ring co-ordinated by a convent's doorman. **THE ASSOCIATED PRESS**

Doorman at convent arrested in cocaine ring

World

Boy only survivor of plane crash in Libya

The Netherlands went into mourning yesterday, shocked at the deaths of at least 61 Dutch citizens flying back from spring break vacations in South Africa on a plane that plunged into the Libyan desert near Tripoli.

A young child, the sole survivor, was rushed to a hospital in the Libyan capital for immediate surgery for multiple fractures of both legs, officials said.

Libyan officials and the Dutch tourism board said he was a 10-year-old Dutch boy, but the Foreign Ministry said it could not verify any details until its embassy official visited the hospital and spoke to the child.

Foreign Minister Maxime Verhagen said, "We suppose he's Dutch because he said 'Holland Holland' to the doctor treating him," and the doctor conveyed that information to the



In this image from Libyan TV, a boy — the only known survivor of the crash of an Afriqiyah Airways plane in Tripoli — is treated in a hospital.

Dutch consul. Dutch flags were lowered and campaigning for the June 9 parliamentary election was suspended in respect for the dead. Today is already a religious and national holiday, Ascension Day, when most banks, offices and stores are closed.

Video of the survivor, filmed by Libyan TV, was repeatedly shown on the main Dutch TV channel, along with scenes of the wreckage-strewn field near Tripoli airport marked by the nearly upright tail of the Afriqiyah Airways Airbus. **THE ASSOCIATED PRESS**

Another school attack in China

MASSACRE An attacker with a cleaver hacked to death seven children and two adults at a kindergarten in northwest China yesterday, the latest in a string of savage assaults on the country's schools. Eleven other children were wounded.

The killer, 48-year-old Wu Huanming, returned home after the attack on the outskirts of the city of Hanzhong and committed suicide, the local government reported. It was the seventh assault on young students in China since early March and occurred de-

Some of the recent assaults

- April 30: A farmer attacks and wounds five kindergarten students with a hammer.
- April 29: A man attacks four-year-olds in a kindergarten, wounding 29.
- April 28: A teacher on sick leave due to mental illness breaks into a primary school and stabs 18 students and a teacher.
- April 12: Yang Jiaqin, 40, hacks to death a second grader and an elderly woman.
- March 23: Zheng Minsheng kills eight children in a knife attack. Zheng is executed April 28.

spite increased security at schools countrywide.

After past attacks, authorities have banned or limited media coverage, and early reports on yesterday's at-

tack were removed from Chinese websites or moved to less prominent pages. There was no mention of it on state TV's national news report. **THE ASSOCIATED PRESS**

Latest North Korean claim dismissed as propaganda

NUCLEAR North Korea claimed yesterday that its scientists succeeded in creating a nuclear fusion reaction, but experts doubted the isolated country actually had made the breakthrough in the elusive clean-energy technology.

Fusion nuclear reactions produce little radioactive waste, and some hope it could one day provide a virtually limitless supply of clean energy. North Korea's main newspaper, however,

reported that its own scientists achieved the feat on the occasion of the "Day of the Sun" — a North Korean holiday marking the birthday of the country's late dynastic founder, Kim Il Sung, in April. Of-

ten, North Korea's vast propaganda apparatus uses the occasions of holidays honouring Kim or his son, current leader Kim

Jong Il, to make claims of great achievements that are rarely substantiated.

THE ASSOCIATED PRESS



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Comment

Game play can lead to more games

Relating

Steve Collins

metronews.ca/collins

wrote a few weeks ago about how our handheld gadgets and on-line social networking are killing human interaction as we once knew it.

U.S. President Barack Obama got into the act this week with a convocation address in which he called out a few of the more popular digital toys for their potentially corrosive effect on the citizenry: "With iPods and iPads and Xboxes and PlayStations — none of which I know how to work — information becomes a distraction, a diversion, a form of entertainment, rather than a tool of empowerment, rather than the means of emancipa-

tion."

On Obama's hit list of four electronic brain rotters, two are dedicated video game platforms, which is no surprise. Video games and their players get little respect, and, in popular mythology, no dates either.

As always, there's some truth to the stereotype of the socially withdrawn, perpetually celibate gamer. Video gaming is still a noticeably estrogen-poor environment, and online inter-

actions can, as a result, be a little like Lord Of The Flies.

Earlier this year, GameCrush.com offered both a solution for and an exploitation of this gender imbalance, offering male gamers the opportunity to pay to play video games with women, with attendant conversations ranging from "flirty" to "dirty." If it all seems a little tawdry and desperate, GameCrush's slogan, "Be a player," does little to help.

Meanwhile, gaming cul-

ture seems on closer examination to be a little more complex than assumed. Researchers last month presented a study in which they interviewed male and female players of the online game World of Warcraft and found that relationships between them develop online much as they do in other contexts — by progressive degrees of intimacy.

People who meet in the game sometimes develop lasting friendships and

even romances that endure out here in the sunlight. Marriages are not unknown.

How different, really, are couples who hook up via Call of Duty or Second Life from those who make their connection through eHarmony or Lavalife? Two people who meet while playing a game they both enjoy at least know they've got one thing in common.

Steve Collins offers his best guesses on relationships for Metro every two weeks.

Views

Feminist relationships can't escape '50s

FourthWave

Canice Leung

metronews.ca/fourthwave

I have a love-hate relationship with my vacuum.

It's not because it, er, sucks. It's just that I'm the only one who uses it.

You see, I live with my boyfriend, and though we have an otherwise simpatico relationship, we often hit the housecleaning roadblock. He does the dishes and laundry, but that's about it. Between my love for cooking and his genetic

blindspot to toilet stains and dust bunnies, I've picked up the slack in the domestic department — but that doesn't mean I enjoy it.

As a society, we've left behind the disgruntled housewife and male breadwinner roles of yore, but in practice I still struggle with what it means for a feminist gal and her partner.

We both understand that growing up with strict gender roles can make a person. Being aware of them is the first step in overcoming them, but it's proving much harder to shake off these ingrained ideas.

Feminist cohabitation, commitment, and marriage are never perfect ideas. Even among couples who live to-

gether equitably before tying the knot, most married couples end up with a "traditional" division of household labour. On CBC radio this week, I heard that just 19 per cent of husbands and dads do the laundry.

Though Mother's Day is behind us, appreciate the mothers in your life — for being caregivers and for everything they've achieved since those white picket fence days. If there's one thing we could do for our mothers, maybe give her house a spring cleaning. Not just because it's a loving thing to do, but also a feminist one.

♦♦♦♦

Today, March for Life protesters will voice their dis-

pleasure with Canada's abortion policies on Parliament Hill. I may not agree with them, but I support their right to protest; I also encourage those who disagree to show their views as well.

With the public debate that's erupted over the G8 maternal health plan, and ongoing funding cuts to women's organizations, the conversation about women's rights ought to be full. Whether you value a woman's ownership of her body, value children, or value anything in between, make your voice heard.

Canice Leung is a former editor of Ryerson University feminist magazine McClung's, copy editor at Metro, ardent feminist and loudmouth.



Tell us your views by email to halifaxletters@metronews.ca or comment on metronews.ca or on Twitter @metrohalifax

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Canwest Publishing is closing its call centre in Winnipeg. The operations for the Reach Canada Call Centre will be moved in the fall to the Dominican Republic, said a Canwest spokesperson. As a result of the move, about 200 jobs in Winnipeg will be lost. Employees at the centre were told Tuesday about the layoffs. **THE CANADIAN PRESS**

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Lack of flights may be hurting trade

TRAVEL The president of Hawkes Bay Group, a Canadian company that sells textiles, chemicals and real estate and ships materials to the Middle East, wants to buy local.

But a shortage of direct flights between Toronto and Dubai has made it impractical to buy and ship some of his company's staple products in Canada, says Turhan Valliani.

"We want to buy Canadian; we are a Canadian company."

Valliani's voice is part of a chorus backing the airline's efforts to expand service to daily flights from Toronto, as well adding a daily flight into Calgary and Vancouver.

The premiers of Ontario, Alberta and British Columbia have written letters in support of some of those

planes being used to expand to daily Toronto-Dubai service.

The concern is that poor air connections between Canada and the fast-growing economies of the Gulf and India are putting a crimp on trade.

Canada's trade with India, in particular, has stagnated and many point to a lack of air service as a key reason. **TORSTAR NEWS SERVICE**

Canada scores well on tax rates

Canada ranks second to Mexico and far ahead of the U.S. on a list of tax-friendly countries for business, according to a new report.

In general, businesses in Mexico pay 40.1 per cent less tax than those in the U.S. Taxes in Canada are just more than one-third, or 36.1 per cent, lower.

At the other end of the spectrum, corporate taxes are 81.4 per cent higher in France than in the U.S., according to the report released yesterday by accounting firm KPMG.

Lower corporate tax rates can be a huge competitive advantage when companies decide where to set up shop, said Greg Wiebe, managing partner in KPMG tax practice in Toronto.

"Business has the ability

Top 10 countries

1. Mexico	6. United States
2. Canada	7. Germany
3. Netherlands	8. Italy
4. Australia	9. Japan
5. United Kingdom	10. France

to set up manufacturing, distribution plants, and offices anywhere in the world, depending on where it makes sense.

Having a competitive corporate tax rate hopefully allows you to attract more business and investment," Wiebe said.

While Mexico remains in the No. 1 spot with the lowest total taxes, changes to the tax systems in Aus-

tralia, Canada and the Netherlands moved them higher in the ranking, conducted every two years.

TORSTAR NEWS SERVICE



Behind bars but at work: Indian prisons outsource convicts for data processing work.
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EU calls for tighter controls on spending

ECONOMY European Union officials urged a crackdown on widespread government overspending, calling yesterday for much closer economic co-ordination between EU na-

tions to curb the acute debt crisis that has threatened to sink their shared currency.

The plan by the EU's executive commission advocated unprecedented

scrutiny of countries' spending plans even before they go to their national parliaments — and new financial penalties for rulebreakers.


THE ASSOCIATED PRESS

Honda Easy riders



Shinji Aoyama, centre, president of Honda Motorcycles and Scooters India, poses with other Honda India executives yesterday on the newly launched Honda CB Unicorn Dazzler in New Delhi, India. The Dazzler is priced in Delhi at \$1,398 US.

GUINOTER OSMAN/THE ASSOCIATED PRESS



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Atletico Madrid take Europa League crown

Diego Forlan scored with just four minutes of extra time remaining to give Atletico Madrid a 2-1 win over Fulham in yesterday's Europa League final and end the club's longest ever spell without a major trophy. **THE ASSOCIATED PRESS**

13

Sports



Team eyed for Quebec City

First Winnipeg, then Quebec City? While Manitoba awaits word on the return of NHL hockey, the would-be owner of a team in Quebec is watching closely. Quebecor boss Pierre Karl Peladeau says he expects other U.S. teams, and not just the Phoenix Coyotes, will encounter financial difficulty. Peladeau says he wants to bring a team to Quebec City, which lost the Nordiques in 1995.

THE CANADIAN PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

Habs stun Pens

Montreal through to conference final

(Montreal wins series 4-3)

Canadiens 5 Penguins 2



The Montreal Canadiens followed up a monumental upset by pulling off another, and now the Pittsburgh Penguins are joining the Washington Capitals in sitting out the rest of the Stanley Cup playoffs.

Brian Gionta had two power-play goals, Mike Cammalleri scored his seventh goal of a series in which he upstaged Sidney Crosby and Evgeni Malkin and the Canadiens built a stunning four-goal lead before beating the Penguins 5-2 in Game 7 of the Eastern Conference semifinals last night.

Believe it, Canadiens. Disbelieve it, Penguins.

Montreal, about the last team anyone would have picked to beat the top-seeded Capitals, much less the reigning NHL champion Penguins, accomplished what no team has done since the current playoffs format was adopted in 1994. And that's beat the Presidents' Trophy winners and the Stanley Cup champions in successive rounds as an eighth-seeded team.

When it ended, the Canadiens crowded around goalie Jaroslav Halak, who



Pittsburgh Penguin Matt Cooke battles for a loose puck with Montreal Canadiens goalie Jaroslav Halak last night at Mellon Arena in Pittsburgh. Montreal won 5-2.

made 37 saves in a performance not quite as dominating as that in Montreal's 2-1 elimination win of Washington, but one that sent the Penguins home and shut down the NHL's oldest arena.

As remarkable as the upset was — the Canadiens trailed 3-2 in the series before rallying to win the final two games — was how they did it. They silenced the standing room crowd of 17,132 in the last game played at 49-year-old Mellon Arena by seizing a 1-0

lead with only 32 seconds gone after Crosby took a bad penalty on his first shift, then built it to 4-0 with barely 25 minutes gone.

Gionta scored on that Crosby-created power play. Dominic Moore made it 2-0 later in the period and Cammalleri scored his playoff-leading 12th goal at 3:32 of the second. The Penguins and their shell-shocked crowd almost couldn't seem to fathom what was happening.

THE ASSOCIATED PRESS

Flyers continue unlikely comeback

(Series tied 3-3)

Bruins 1 Flyers 2



The Flyers' far-fetched comeback is nearly complete.

Michael Leighton stopped 29 shots in his first start in nearly two months to help streaking Philadelphia beat the Boston Bruins 2-1 last night and force a seventh game in Boston Friday night.

Philadelphia's post-season appeared over after it lost

the first three games of the series. Not now. The Flyers are on the brink of history — and a spot in the Eastern Conference final against the Montreal Canadiens.

The 1942 Toronto Maple Leafs and the 1975 New York Islanders are the only NHL teams to come back from 3-0 deficits to win a best-of-seven playoff series. The Flyers are the first team to trail 3-0 and force a Game 7 since the 1975 Islanders.

Mike Richards and Danny Briere scored for the Flyers. Milan Lucic scored with a minute left for Boston.

Leighton was everything the Flyers wanted in his first

start since he sprained his ankle March 16. Leighton's injury paved the way for Brian Boucher to take over and all he did was lead the Flyers into the post-season as the No. 7 seed and an upset over New Jersey in the first round.

Boucher sprained the MCL in his left knee in Game 5 and the job again belonged to Leighton. Boucher blew kisses to the crowd and fought back tears when he received a standing ovation from the orange-and-black diehards. The two goalies combined for a 4-0 victory Monday night.

THE ASSOCIATED PRESS

Loss of Stamkos overshadows defeat

IIHF The heat has been turned up in a hurry for Canada's entry at the IIHF World Hockey Championship.

A 4-1 loss to Switzerland yesterday pales in comparison to the loss of top forward Steven Stamkos, who sat out the entire third period after getting hit in the jaw with Timo Helbling's elbow. Stamkos was initially able to return, but saw his condition worsen.

"He took a pretty good elbow," said coach Craig MacTavish. "We got the word from the medical staff that he came back and was feeling OK. After that, between periods, he wasn't perfect and when that happens you pull the

player immediately and he sleeps on it. We'll assess again tomorrow and see where we stand."

The team already lost its heart and soul when captain Ryan Smyth fractured his left ankle earlier this week and is now facing the possibility it could be without its superstar.

General manager Mark Messier didn't want to entertain that possibility while discussing his team's impending roster decisions. He currently has 11 forwards — 10 if Stamkos is unable to play tomorrow — and can only name two more skaters before the end of the tournament.

THE CANADIAN PRESS

SCOREBOARD

NHL PLAYOFFS

YESTERDAY'S RESULTS
Montreal 5 Pittsburgh 2 (Montreal wins 4-3)
Philadelphia 2 Boston 1 (Series tied 3-3)

FRIDAY GAME

Philadelphia at Boston, 7 p.m. (Series tied 3-3)

NBA PLAYOFFS

TODAY'S GAME
Cleveland at Boston, 8 p.m. (Boston leads 3-1)

HOCKEY

WORLD HOCKEY CHAMPIONSHIP

YESTERDAY'S RESULTS
Switzerland 4 Canada 1
Germany 3 Denmark 1
Latvia 5 Italy 2
Finland 3 U.S. 2

BASEBALL

YESTERDAY'S AL RESULTS

Toronto 3 Boston 2
Detroit 2 N.Y. Yankees 0 (1st gm)
Minnesota 3 Chicago White Sox 2
N.Y. Yankees at Detroit (2nd gm)
Baltimore 5 Seattle 2
Tampa Bay 4 L.A. Angels 3
Oakland at Texas
Cleveland at Kansas City

YESTERDAY'S NL RESULTS

Atlanta 9 Milwaukee 2
Chicago Cubs 4 Florida 3
Cincinnati 5 Pittsburgh 0
Colorado 4 Philadelphia 3 (10 ins) (1st gm)
Washington 6 N.Y. Mets 4
Houston at St. Louis
Philadelphia at Colorado (2nd gm)
L.A. Dodgers at Arizona
San Diego at San Francisco



"This is a good program for anyone who can't afford to take time off work to go back to school."

Rodger Colborne, Heavy Duty Equipment / Truck & Transport Repair – Part-time

Working in construction, Rodger Colborne had some experience working with heavy equipment. "I've always enjoyed working on the big gear," he says. Looking to upgrade his skills, he enrolled in the Heavy Duty Equipment/Truck & Transport Repair program part-time where he is able to earn his college certificate while continuing to work. "This is a good program for anyone who can't afford to take time off work to go back to school. I'm very happy."

Heavy Duty Equipment / Truck & Transport Repair – Part-time

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Location: NSCC Akerley Campus

Free Information Session

Date & Time: Tuesday, May 18th at 6:00pm
Location: NSCC Akerley Campus
21 Woodlawn Road, Dartmouth

To learn more, call 1-866-679-6722 or visit nsc.ca.

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nsc

Three Halifax-area products have earned spots at Hockey Canada's women's strength and conditioning camp slated for May 25-30 in Calgary. Blue liners Alexis Crossley (Cole Harbour) and Brittany Haverstock (Hammonds Plains) and forward Jillian Saulnier (Halifax) were among the 109 players to receive invites. **METRO HALIFAX**

Stoddard gone as Herd make space on roster

MATTHEW WUEST
matthew.wuest@metronews.ca

QMJHL The Halifax Mooseheads have parted ways with Porters Lake's Matt Stoddard to create space on their reserve list heading into the QMJHL draft.

Stoddard, a former Cole Harbour major midget star, joined the Mooseheads as a 19-year-old last season but struggled to produce and finished with just one goal and five assists in 50 games.

The Mooseheads can only keep three 20-year-olds in 2010-11 and Stoddard won't be one of them. Forwards Tomas Knotek and Charles Betty and defencemen Pascal Amyot and Paul Dimitruk are the candidates.

"From our standpoint, he's not going to be one of our three 20-year-olds," Mooseheads head coach



Matt Stoddard

and general manager Cam Russell said.

"This gives him time to figure out what he's going to do next year instead of waiting for training camp."

The Mooseheads also released a handful of other players on their reserve list, but none were off their 2009-10 roster or selections from past drafts. They're currently carrying 36 players, with plenty of room under the 50-man limit for the draft.



Moncton Wildcats goaltender Nicola Riopel makes a breakaway save on Saint John Sea Dogs star and QMJHL most valuable player Mike Hoffman during the President Cup final last week.

Moose GM Russell mulls blueprint for championship team

MATTHEW WUEST
matthew.wuest@metronews.ca

Cam Russell is hesitant to follow the Moncton Wildcats' aggressive approach to building a QMJHL champion.

The Wildcats, who loaded up for the playoffs with a series of mid-season trades, were rewarded earlier this week when they triumphed over the Saint John Sea Dogs in a six-game Presidents Cup final.

After goalie Nicola Riopel returned from the professional ranks in December, the Wildcats made a half-dozen deals, dealing off top prospects and high draft picks to bring in high-powered talents such as Kelsey Tessier, Gabriel Bourque and Nicolas Deschamps.

Russell, the Halifax Mooseheads' head coach and general manager, called the Wildcats an "amazing team that only comes along every so often" and said the mid-season trades were "a gamble that paid off."

"We're trying to acquire draft picks and build a team that's going to compete every year like Saint John. You're going to see them be good next year and be good again the year after that."

Cam Russell

But he stopped short of saying he'd do it.

"It's a high-risk play when you unload a lot of your youth and outright go for it," Russell said.

"It paid off for Moncton ... But if it doesn't pay off, you know you're looking at a long rebuilding process."

The Mooseheads know the risks all too well. Under former GM Marcel Patenaude, they made a similar high-risk play in 2007-08 when they paid a king's ransom to acquire Brad Marchand.

They ultimately lost in the QMJHL semifinals and are still digging their way out.

Russell is quicker to endorse the Sea Dogs' more conservative approach to

assembling a championship-calibre roster. The Sea Dogs made a number of moves in 2008-09 that set the table for 2009-10, but made very few trades after the season started.

"We're trying to acquire draft picks and build a team that's going to compete every year like Saint John," Russell said.

"You're going to see them be good next year and be good again the year after that."

The Mooseheads, coming off back-to-back last-place finishes, have the second overall pick in June's draft and five selections in the top 37.

Russell wants to replenish the system and hopes to make big strides forward this coming season.

Staying put: Russell given one-year extension

HOCKEY The Halifax Mooseheads have extended the contract of head coach and general manager Cam Russell for one more season.

Coming off consecutive last-place finishes and losses in 104 of the past 136 games, Mooseheads majority owner Bobby Smith confirmed yesterday he was keeping Russell

around in 2010-11 for a fifth season as a head coach and second as GM in a move that was generally assumed.

The deal had been done since last month but the move was kept behind closed doors until this week.



Cam Russell

Russell has a career head coaching record of 106-143-9-18 with a winning percentage of .384. Only Danny Grant (1997-98, .379) has a lower winning percentage as a head coach of the Mooseheads. **MATTHEW WUEST/METRO HALIFAX**

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As primary health care professionals, physiotherapists combine in-depth knowledge of how the body works with specialized hands-on clinical skills to assess, diagnose and treat symptoms of illness, injury or disability. SOURCE: CANADIAN PHYSIOTHERAPY ASSOCIATION

National

Physio Week



Did you know?

Mobility issues caused by stroke, MS or Parkinson's disease, can be treated with physiotherapy.

SOURCE: CANADIAN PHYSIOTHERAPY ASSOCIATION

Physiotherapy gets you moving again

JON TATTRIE
for Metro Halifax

Sports physiotherapists are like mechanics for the body, mending damaged areas and helping athletes prevent further injury.

Jill Tasker, owner/operator of Southend Physiotherapy in Halifax, sees a lot of casualties from the area's athletes and joggers. Student-athletes at the nearby Saint Mary's and Dalhousie universities often wind up at her clinic to recover from surgery after a sporting mishap.

The runners that fill

south-end sidewalks often limp into her clinic, especially in the spring, when a winter hiatus leads to overdoing it in April. Physiotherapy treatments can mend most damage, but a large part of her work is education. "It's teaching them how to go back to the sport and how to make sure that they don't reinjure themselves," she says.

That means listening to your junior high gym teacher and stretching out properly before lacing up. It also means starting small and working your way to longer routines as your body advances. Proper footwear

Choose your therapist wisely

• Choosing the right physiotherapist can seem daunting if you glance through the Yellow Pages. That's why the easiest way to find a good

physiotherapist is to consult with family, friends or even your family doctor for a recommendation. Finding physiotherapists approved by the

Workers' Compensation Board of Nova Scotia is also a strong endorsement.

RICHARD WOODBURY/
METRO HALIFAX

and running surface is important, too. She sends patients to the flat, soft surfaces of Point Pleasant Park rather than the undulating pavement of city streets.

Tasker points out that new marathon runners are actually among the least injured, as they tend to follow a carefully crafted program

designed to increase their running ability. "They will get little injuries as they come along and with physio, we help to keep the injury under control by getting them to do extra stretching or strengthening."

Shannon Estabrooks, who owns and operates Active

Life Physiotherapy in New Glasgow, treats the runners and weekend warriors, too, but she also spends a lot of time in hockey rinks.

A common hockey injury is a sprain of the acromioclavicular joint, more commonly known as a separated shoulder. That can happen when a hockey player deliv-

ers a body check to the boards. She works with a junior A hockey team and is often on the bench during practices and games.

When a player is injured, she helps decide if he's out for the game and then helps the recovery in the clinic. "We'd be able to ease them back into play," she says. "Physiotherapists who have a diploma or certification in sports physiotherapy are also required to be first responders, like policemen or firemen."

She does her hockey work as a volunteer, but many professional teams have a paid physiotherapist.

Treat pregnancy pain with therapy

JON TATTRIE
for Metro Halifax

Having a baby brings dramatic changes to a woman's body both during the pregnancy and after and can lead to pain and problems if not handled well. Perinatal physiotherapists can help overcome some issues and teach women to avoid others.

Bethany Lezama is a staff physiotherapist at the IWK Health Centre in Halifax. She trained as a general physiotherapist in university and supplemented that with continuing education courses to focus specifically on helping women before, during and after pregnancy.

Lezama says common

complaints are musculoskeletal dysfunction, back pain, pubic joint pain and other problems related to pregnancy. During pregnancy, the added passenger puts new strains on the mother's body, which can lead to back pain. The changing shape of her body can also create problems. Physiotherapists like Lezama help make sure the office desk is still comfortable as a work station, for example. Getting the ergonomics right can sidestep a lot of pain and discomfort.

"You might be twisting to reach for something in a drawer and it doesn't bother you when you're not pregnant, but when you're

pregnant, it may cause or exacerbate a problem," she explains. "If they have little toddlers at home or babies, you're looking at proper lifting techniques."

A lot of her work is preventative, helping women develop stretching and strengthening routines to keep active and safe. Education is important, too, as she helps women learn about body mechanics so that they aren't injured.

Physiotherapists can be involved post-partum, too, if the mother develops physical problems. Lezama encourages women to become more physically active during and after pregnancy to ward off trouble.

"I enjoy it. It's wonderful to work with the women. It's a very exciting time in their lives," she says. "Trying to get them physically active is important. It's a good time to reinforce that and hopefully they'll be able to maintain that. It's fun — no two women are the same."

Breathing easier with exercise

RICHARD WOODBURY
for Metro Halifax

For people with respiratory or heart diseases, physiotherapy is a key component of treatment. Dalhousie physiotherapy professor Gail Dechman says within the last 10 years, the focus on treating those conditions has been to use exercise.

"Now we realize exercise has a huge role to play to help people be more functional," she says.

It wasn't always this way. Thirty years ago, physiotherapists focused on trying to

get people to breathe better and not exert themselves, says Dechman.

Physiotherapists use exercise to help build up endurance, strength and balance. A physiotherapy lab resembles a gym, with its weights, exercise balls and treadmills. Typical physiotherapy activities include walking, biking and swimming.

With respiratory diseases, shortness of breath is a common symptom.

"The most disabling aspect of that disease is the shortness of breath," says Dechman.

"Interestingly, even though exercise makes you short of breath, it is the most effective treatment for shortness of breath," says Dechman.

For people with a lung disease, Dechman says they tend to be older and not move a lot because of the disease. They also become weak and their balance reactions tend not to be as good as they should be, which makes them more prone to falls.

"We know that if you're stronger, if your balance reactions are good, you're going to have less of a chance of falling," she says.

Exercise is sort of a magic bullet. Research has also shown that it also reduces depression and improves cognitive function.

One of the challenges physiotherapists face is that

once they are no longer working with a patient, it can be challenging for the patient to continue with their exercise regimen.

"We have to do a better job of understanding the psychology of it," says Dechman.

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Metro Homes

Small spaces decorating

Patch NYC Framed Wall Art is a collection of metallic letterpress renderings of the natural world in high-lacquer frames. Great for small spaces. West Elm \$29-\$34, westelm.com.
JENNIFER BILL/FOR METRO CANADA

EDITOR: DOUGLAS.DUNLOP@METRONews.CA

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Small space **big style!**

JENNIFER BILL
for Metro Canada

Small space doesn't have to mean small style. Seeking creative pieces and creative positions is the name of the game.

"Furniture should be versatile and flexible and (have the ability) to create different looks," said Jim Tai, retail operations at Nood, which stands for "new objects of desire," a modern furniture store in North Vancouver.

"There are quite a few condos that are fairly compact — 500 square feet means having pieces that are more suitable for those spaces," said Tai.

He suggests to go modular — pieces such as armchairs, love seats and ot-



Sofa, bed, chaise, single, double, meet the **Swizzle** — the most versatile piece of furniture you'll ever own. Nood, \$999, nooddesign.ca.



The **Callista Accent Chair** will make a dramatic fashion statement in any small space. Urban Barn, \$499, urbanbarn.ca.



Substantial in scale and style, the **Chunky Console Table** makes a strong statement in an entryway, living room or dining room. West Elm, \$359, westelm.com.



The **Terra Console** is a minimalist monolith, multi-functioning as stylish console or small desk with a concealed supply drawer. West Elm, \$359, westelm.com.



For a little extra stylish storage, the top of the **Hide Leather Ottoman** flips over to reveal a built-in serving tray. Urban Barn, \$199, urbanbarn.ca.



Great in the dining nook or as an island in your kitchen, the **Cantina Extension Counter Table** features a 14-inch space-saving table extension. Urban Barn, \$679, urbanbarn.ca.

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List Price: \$159.99
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One prize per customer only. Limit one \$500 Shopping Spree per household. Prizes must be redeemed by closing on Saturday May 15th at the Dartmouth Crossing location only. \$500 Shopping Sprees will be awarded in the form of a gift card. Prizes have no cash value, are non-refundable and cannot be exchanged. Cannot be combined with any other offer. Not valid on previous purchases. Some restrictions may apply. Valid at Dartmouth Crossing location only. Must be 18 years or older to redeem prizes.

Green gold for Canadian

A Vancouver-based green designer Nicole Bridger has been named the inaugural winner of Fashion Takes Action's Design Forward. The award was created to recognize designers who have gone out of their way to become more sustainable. **THE ASSOCIATED PRESS**

17

Style

**Madonna shades**

See the world through Madonna's eyes. OK, maybe not. But at least you can wear her sunglasses. MDG, the Madonna-designed line of shades for D&G hits stores this month. Here's a sneak peek at her first try at creating eyewear (left). **KENYA HUNT/METRO WORLD NEWS**

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Suit up for summer

Swimwear heats up with patterns, colour and cutouts



A properly fit bra-sized swimsuit like this one by Maryann Melhorn (\$289 at Linea Intima) helps slim by providing necessary lift and support.

JANINE FALCON
for Metro Canada

Along with that golden faux tan and generous lashings of SPF 30, a must-have for the coming summer is cute swimwear, of course.

"This season the hottest shapes for women are bandeau tops," says fashion stylist Afiya Francisco (thestylehouse.ca). "And cutouts. Again. Why they keep coming back I don't know — worst tan lines, ever," she adds.

Pattern and colour,

colour, colour, particularly turquoise, are hot. "It's definitely not at the forefront, but I'm not sure black will ever really be out," comments Francisco, who shares style advice on shows such as Entertainment Tonight and Steven and Chris. "Regardless of trends, people seem to feel most comfortable in black."



Bandeau bikini, \$49.97, Pure Alfred Sung at Zellers



Butterfly one-piece \$34, Old Navy



Despite the terrible tan lines they produce, cutout swimsuits are hot again. Pictured: Seafolly suit, \$96, seafolly.com

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Oprah Winfrey is joining with Alan Ball to produce an HBO film based on the nonfiction bestseller *The Immortal Life of Henrietta Lacks*. Ball, creator and executive producer of HBO's drama series *True Blood*, will develop the project with Winfrey and her Harpo Films studio. **THE ASSOCIATED PRESS**

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

⬤⬤⬤⬤ A CLASSIC; ⬤⬤⬤⬤ EXCELLENT; ⬤⬤⬤ GOOD; ⬤⬤ FAIR; ⬤ POOR

Jack White delivers again



White nights

Not content with Betty White's performance on Saturday Night Live, fans have launched a new Facebook campaign to place White at the podium come next year's Oscar night. **PEOPLE.COM**

The Dead Weather

Album: Sea of Cowards

Label: Warner

Rating: ⬤⬤⬤⬤

NOBODY IS EVER going to accuse Jack White of spreading himself too thin again. He's running three bands at once. Who cares? As long as he's creating the serious insane craziness that's contained on new Dead Weather CD, let's let him do what he wants. Sea of Cowards brings to fruition all the demonic promise of Dead Weather's debut, Horehound. White and Alison Mosshart pull off horror

movie duets, while Dean Fertita's guitar screeches like fingernails on a chalkboard. When Mosshart screams "I'm Mad," you're certain it's true.

Graham Rockingham/for Metro Canada

The National

Album: High Violet

Label: 4AD/Beggars

Rating: ⬤⬤⬤⬤

HERE'S A WORD of advice for anyone listening to the new National record for the first time — be patient. The band have always played soft brooding rock, but they've always known when to turn



Sea of Cowards is the new album by The Dead Weather.

up the heat, especially on 2007's acclaimed *Boxer*. *High Violet* is, mostly, a subdued disc. There are ebbs and flows, but don't

will come through — Afraid of Everyone's almost gospel-like combo of harmonies and atmospherics is stunning, for example. Many will still take the *Boxer* over this record, but at least give *High Violet* a chance.

Bryan Borzykowski/for Metro Canada

Holy F—k

Album: Latin

Label: XL

Rating: ⬤⬤⬤⬤

HOLY F—K'S REPUTATION for dazzling audiences live with their singular instruments often precedes the Toronto outfit's work in the studio, even after earning a Polaris Prize nomination for 2007's awe-inspir-

AlbumReviews

music@metronews.ca

ing LP. Recorded in an Ontario barn, third album *Latin* finds the band embracing their strength as performers by engineering their palatable, scrambled noise as if they're on stage. The result is a brilliant album that swells with unpredictable melodic turns, tight Krautrock grooves, fist-pumping crescendos and the perfect balance of chaos and control. With *Latin*, Holy F—k is bound to make people view them as not just a must-see live act, but also the studio wizards they've become.

Cam Lindsay/for Metro Canada

HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
5/13/10	31	31	31	ABC	News Center 5	World News	Inside Edition	Chronicle	FlashForward (HDTV) (N)	Grey's Anatomy (N)	Private Pract.	
	7	7	7	ASN	The Road to Avonlea	Access H.	TMZ (N)		FlashForward (HDTV) (N)	Fringe (N)	Private Pract.	
	11	11	11	CBC	Wheel Fortune	Jeopardy! (N)	The Nature of Things		NHL Hockey Vancouver Canucks at Chicago Blackhawks (HDTV) (Live)			
	2	2	2	CBC-F	Chère Betty (HDTV) (SC)	Squelettes	Gars fille	Perdus (SC)	Survivor: Heroes vs. Villains	Vampires & cie	Le Téléjournal	
	32	32	32	CBS	WBZ News (N)	Evening News	Wheel Fortune	Jeopardy! (N)	CSI: Crime Scene Investigat'n	The Mentalist		
	69	69	69	CFTM	TVA nouvelles	Le Cercle (SC)	Marché	Histoires-filles	Un homme à tout prix ** (2005, Com. Sentimentale)	The Office (N)	Til Death	News Final (N)
	6	6	6	CHIF	Entertainment	ET Canada	90210 "Javianna" (N)		Survivor: Heroes vs. Villains	Grey's Anatomy (N)	CTV News	
	9	9	9	CJCH	The Vampire Diaries (N)		The Mentalist (HDTV) (N)		CSI: Crime Scene Investigat'n	Community Matters		
	10	10	10	ELTV	(6) EastLink Television				Podium TV			
	36	36	36	FOX	Seinfeld	The Simpsons	Two/Half Men	Two/Half Men	Bones (HDTV PA) (N)	Fringe (N)	Fox First	
prime	12	12	12	NBC	News (N)	Nightly News	Access H.	Extra (N)	Community (N)	The Office (N)	30 Rock	Marriage Ref
	29	29	29	NW	(6) Power & Politics		The Lang & O'Leary Exchange		Connect with Mark Kelley (N)	CBC News: The National	National	
	4	4	4	PBS-B	PBS NewsHour (N)		Greater Boston	Basic Black	Equator "Africa"	Horizon-Kill a Human	Human Spark	
	35	35	35	PBS-D	PBS NewsHour (N)		Business Rpt.	Smart Travels	Old House	Ask This Old	Michigan Out	Shocker H.
	68	68	68	TQS	Guerre clans	Atomes croch	Big Brother QC	Rire et délire	Air Force 2: Dans les mains des rebelles ** (2006, Action)	Squeeze Play	L'Attaque à 5	
	23	23	23	BNN	Business News	Headline	Market Call Tonight		GetConnected	Market Call	Business News	
	18	18	18	CNN	Situation Room- Wolf Blitzer		John King, USA (N)		Campbell Brown (N)	Larry King Live (N)	Cooper 360	
	54	54	54	GOLF	Golf Central	LPGA Tour Golf	Bel Micro LPGA Classic, First Round.		PGA Tour Golf	Valero Texas Open, First Round. (HDTV)		
	52	52	52	RSE	Connected W-Prime Time		Air Race World Series (HDTV)		Memorial Cup Preview	The Ultimate Fighter	Sportsnet Con.	
	55	55	55	SCOR	Red Heat	Covers Experts	NBA Basketball Playoffs: Teams TBA.		Score Now	Score Now	Score Now	
sports	45	45	45	SPD	NASCAR Racing		NASCAR	NASCAR Hub	Fast Track to Fame (HDTV)	Pinks -- All Out (HDTV)	Pinks -- All Out	
	53	53	53	TSN	Off the Record	SportsCentre	That's Hockey	NBA Basketball Playoffs: Teams TBA. (HDTV)			SportsCentre	
	43	43	43	FAM	Han. Montana	Wizards-Place	Sonny Chance	Suite Life	Overruled! (N)	Han. Montana	Wizards-Place	Latest Buzz
	44	44	44	TOON	Jimmy Two	Johnny Test	Spliced	Total Drama	Stoked (N)	6TEEN (N)	Futurama	King of the Hill
	26	26	26	TREE	Wonder Pets	3rd and Bird	Backyardigans	Night Garden	Waybuloo	Toopy & Binoo	Franklin	Babar
	27	27	27	YTV	iCarly	To Be Indie	That's-Weird	Family Biz	Ruby/Rockits	Hates Chris	8 Simple Rules	Family Biz
	16	16	16	A&E	The First 48 (HDTV)		The First 48 (HDTV)		The First 48 (HDTV)		The First 48 (HDTV) (N)	
	70	70	70	APTN	APTN National News (N)		Wapros Bay	By the Rapids	Call of the Wild "Foxfire"		Red Green's Duct Tape Forever	
	50	50	50	BET	106 & Park: BET's Top 10 Live Top		10 countdown. (Live)		Tiny & Toya	Tiny & Toya	Truth Hall (2008, Drama), Tamara Curry	
	37	37	37	BRVO	Emily of New Moon		Storytellers	Snapshot	Innovators	Writers	Til Lies Do Us Part (2007, Drama)	
news	25	25	25	CMT	Meet-Wilsons	Meet-Wilsons	Amer. Funniest Home Videos		Reba	According-Jim	According-Jim	Home Improve.
	49	49	49	COM	Just for Laughs		Air Force	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park
	153	153	153	COURT	Truth, Duty, Valour		Trace Evidence-Dr. Henry Lee		True Murder	Criminals	Psychic Detect	Fraud
	38	38	38	DISC	Cash Cab	How It's Made	Daily Planet (N)		Nostradamus Decoded Famous/inflamous prophet.		MythBusters	
	34	34	34	HGTV	Extreme Makeover: Home		House Hunters	Property Virgin	Holmes Inspection	House-Bryan	Real Renos	House Hunters
	46	46	46	HIST	Re-Inventors	Re-Inventors	Ice Road Truckers (HDTV)		The Real Robin Hood The quest for the outlaw's identity.		Discoveries	
	17	17	17	MM	Buffy the Vampire Slayer		Degrassi: Next	Degrassi: TNG	Muchmusic Countdown		Video on Trial	Video on Trial
	19	19	19	MM	mmtop10.ca		The Daily Fix		Ranked!		mmtop10.ca	Mercury Trib.
	201	201	201	M1	The Tracey Fragments (2007, Drama)		(8:25) A Trace of Danger (2010)		My One and Only (2009, Comedy-Drama)		Operate-Repo	Operate-Repo
	48	48	48	OLN	Mantracker		Ghost Hunters		Destination Truth		Ghost Hunters	
family	51	51	51	PEACH	The Office	The Office	Family Guy	Family Guy	House-Payne	House-Payne	Seinfeld	
	206	206	206	PIX	Village	(7:40) Ride With the Devil *** (1999, Historical Drama)		Jewel		Bonnie and Clyde (1967, Crime Drama)		
	67	67	67	RDI	RDI monde	RDI économie	24 Heures en 60 minutes		Grands reportages (SC)	Le Téléjournal (SC)	RDI économie	
	39	39	39	SHOW	Trailer Park		Relic Hunter		Mistaken (2008, Suspense) Lana Parrilla, James Thomas.		NOIS	
	40	40	40	SLICE	Til Debt-Part	Wedding SOS	Rich Bride Poor Bride		Bootcamp	Last 10	70s Show	X-Weighted
	47	47	47	SPACE	Stargate SG-1 (DVS)		Stargate Atlantis (DVS)		Star Trek: Voyager		V "Fruition" (HDTV) (N)	Lost (N)
	14	14	14	SPIKE	UFC: Best of 2009 (HDTV)						TNA Wrestling (HDTV) (N)	
	57	57	57	STAR	etalk: Hedley	TMZ (N)	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)		The View (HDTV) (N)	Dr. Oz Show
	21	21	21	TLC	Say Yes-Dress	Say Yes-Dress	Lottery Changed My Life		Police Women of Broward	The Imploders (N)	Heavy Haulers	
	34	34	34	TROP	Planet Soap	Comeback	Reality	What Happen?	Family Guy	Seinfeld	70s Show	Grisonnants
cable variety	20	20	20	TVS	Que-champion	Journal de Fr2	Horizons (SC)		Envoyé spécial		Geopolitis	
	28	28	28	V	Higher Ground		Murder, She Wrote		On the Buses	The Good Life	The Man in the Iron Mask ** (1998)	
	60	60	60	VIVA	Psychic Inv.	Encounters	Cold Case		Missing Brooke and her father.		Medium	Cold Case
	22	22	22	W	House-Sell	House-Sell	Supernanny		Love It or List It		Confidential	Confidential
	251	251	251	WGN	WGN Evening News		Two/Half Men	Family Guy	The Vampire Diaries (N)	Supernatural (N)	WGN News	

critics'corner

Fringe

In the opening hour of a two-part season finale, Olivia (Anna Torv) travels to the parallel universe with Walter (John Noble), who faces off with William Bell (returning guest star Leonard Nimoy) in "Over There, Part 1." 10 PM on ASN FOX



30 Rock

Jack (Alec Baldwin) turns to Liz (Tina Fey) for advice with his love triangle, but Liz has romantic problems of her own: She's dateless for Floyd's (guest star Jason Sudeikis) wedding, forcing her to try reigniting a spark with a former boyfriend, Jon Hamm, Elizabeth Banks, Julianne Moore, Michael Sheen and Dean Cain. Winters also guest star in the new episode "Emanuelle Goes to Dinosaur Land." 10:30 PM on NBC

The Mentalist

Romantic sparks fly when Patrick (Simon Baker) crosses paths with supposed psychic Kristina Frye (returning guest star Leslie Hope) during an investigation into the murder of the charismatic leader of a nonprofit organization that fights human trafficking. Aunjanue Ellis and Nick Searcy also guest star in the new episode "Red Letter." 11 PM on CBS

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The House, Colbert love affair

Keen viewers pick up on little items appearing in both shows

The funniest relationship on TV might be the clandestine, cross-network affair between The Colbert Report and House.

If you look carefully, you can spot a small, framed photograph of Hugh Laurie, the star of Fox's *House*, on the set of Comedy Central's *The Colbert Report*. House has reciprocated the gesture with a photo of Colbert that sits on Dr. Gregory House's desk.

On Monday's *Report*, Stephen Colbert said House's photo sits on his shelf because he's a huge fan of the TV doctor.

"House and I have a lot in common," Colbert, in mock pundit character, said on the show.

"We both refuse to play by the rules, never consider the consequences of our actions, and are horribly abusive to our staffs."

"In the end, we're both always right."

The shelf behind Colbert's C-shaped desk contains a collection of odd objects that he has found



Hugh Laurie



Stephen Colbert

reason to keep by some twist of the show's bizarre comedic meanderings.

The House photo currently rests, Colbert noted, "in a place of honour next to my coin purse made from a bull scrotum."

Colbert first placed the photo on his set in June 2006 after Colbert (the real one) received an honorary degree from Knox College.

This made him a doctor, Colbert claimed, and next to his degree, he placed

photos of three other TV doctors: House, Noah Drake from *General Hospital*, and Dr. Cliff Huxtable from *The Cosby Show*.

The House photo (now more visible because *The Report* broadcasts in high-definition) has stuck around, Colbert said in a recent interview, because the show noticed it would frequently show up on camera over his shoulder.

"We said we've got to keep that — we can't get

"House and I have a lot in common...We both refuse to play by the rules, never consider the consequences of our actions, and are horribly abusive to our staffs."

Stephen Colbert on the character House

rid of the picture of House," he said.

When he saw that House responded in kind, Colbert said he was "honoured because I'm such a fan."

Laurie didn't respond to requests for his perspective on the gesture.

The connection between the two fictional characters is fitting because it mirrors a real-life link. Both are comedians with a fondness for wordplay and an extraordinary talent for embodying a character.

THE ASSOCIATED PRESS

Soaps lead the way with Emmy nods

TELEVISION The soap opera *General Hospital* leads the way with 18 Daytime Emmy nominations.

It was also announced yesterday that *As the World Turns*, which has been cancelled by CBS, has

13 nominations. CBS is airing the annual awards show from Las Vegas on June 27.

Online

• To see the full list of the award nominations and a list of the winners later after they're announced, you can check out emmyonline.tv

The Young and the Restless has 16 nominations, *Sesame Street* has 14 and *One Life to Live* has 13. The National Academy of Television Arts & Sciences will give a lifetime achievement award to Agnes Nixon, a creative force behind many soap operas.

One was *All My Children*, whose star Susan Lucci said Nixon helped create the very fabric of daytime TV.

The ladies of *The View* have a chance to repeat last year's win as best talk show hosts.

THE ASSOCIATED PRESS

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Jennifer Aniston has signed up to star in a new movie with Paul Rudd. The actress will take on the female lead in new comedy Wanderlust alongside Rudd, who she co-starred with in 1998 movie The Object of My Affection. FEMALEFIRST.CO.UK

Aniston, Rudd pair up for Wanderlust

'I'll go Lenin, he'll go Trotsky'

Feore plays authority figure for laughs in commie comedy

RICHARD CROUSE
for Metro Canada



Given Colm Feore's habit of playing historical figures — he's starred as everyone from Trudeau and Glenn Gould to Admiral Husband E. Kimmel on screens big and small — you'd imagine in a movie about the reincarnation of a Soviet politician called The Trotsky, he must be playing the legendary Bolshevik.

"I looked at Trotsky and he had hair so that was out," Feore laughs.

In fact, in the film the actor plays the authoritarian principal of Montreal's (fictional) Jacques Parizeau English School who tries to prevent Leon Bronstein (Jay Baruchel) — a student who believes he is the reincarnation of revolutionary Leon Trotsky — from unionizing the

school's students.

"I was between episodes of 24 so I hadn't shaved," he says, "and I thought, 'Why don't I just keep not shaving? I'll present myself to (director) Jacob (Tierney) and say, 'Would this work for you? I think this would give us a certain Lenin-esque feel.' I thought, 'I'll go Lenin, he'll go Trotsky and it will be eerie.'"

Feore — who sprinkles his conversation with words like "supercilious" and self-deprecating comments — has more than a passing resemblance to the Russian revolutionary.

"We had this huge Lenin poster behind Jay's head at one point," he says. "Jacob framed the shot so that when I turn away I'm perfectly framed in the poster."

The actor, who jumps back and forth between big budget films like the upcoming Thor, TV work and



Colm Feore stars as an uptight school principal in The Trotsky.

small films to fill in the gaps was taken by the script the moment he read it.

"To me it seemed very springy," he says. "It has a bouncy intelligence to it. Particularly since it came from young people. Right

now I am surrounded by young people. I have my kids and I think, 'What would flatter them in reflection?' If they see themselves as smart and able to change their world, this is a message I would like to be able to send."

The Trotsky opens tomorrow

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ANNOUNCEMENTS

Halifax Atlantic Progressive Conservative Association Annual General Meeting

20 May 2010
Captain William Spry Community Centre
Registration starts at 6:30, meeting starts 7pm
Guest Speaker: Jamie Baillie, President and CEO of Credit Union Atlantic

To be eligible to vote, you must reside within the constituency of Halifax Atlantic and be a member in good standing of the Nova Scotia Progressive Conservative Party on or before May 20th, 2010. Previous year (2009) members may renew their memberships during the registration on May 20, 2010. For further information call Nick at 443-5418.



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Rating: ★★★★★
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Signature Dish: Sashimi Dinner
Signature Drink: Green Tea

There's something especially satisfying about Japanese cuisine. And where better to get a fine feast than at Minato Sushi

On the web

- Get recipes and more great food content at metronews.ca/recipes

in downtown Halifax? It is a comfortable restaurant in a neat old house where you can watch the chef in action. The extensive menu also includes Korean dishes.

We start our meal with Gyoza (\$5.95 for five) — delicious and light vegetable dumplings with a tempura sauce. Our entrées come with Akadashi Soup, made of red soybean paste, bonito broth, tofu and sea-

weed. It is delicate and soothing.

My pal has the Sashimi Dinner (\$19.50), a large assortment of raw fish on a salad. This stunning arrangement of fresh tuna, salmon, surf clam, octopus and yellowtail is excellent.

My Yokohama Dinner (\$19.50) is equally beautiful and fresh with 10 pieces of nigiri — seafood on rice — including barbecued eel, tuna, salmon, surf clam, red snapper and shrimp. There are also six salmon rolls. What a treat.

Our servers are personable and prompt. They seem as happy to be here as we are.



Sashimi Dinner (\$19.50).

Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Check out metronews.ca/globalpeasant for a visit with Red Truck Beer's Brewer David Varga.



Dining out

INEVITABLE FOOD The Inevitable Gallery is the latest venture at Cocoa Pesto Bistro, Woodshire Inn, Windsor. Visit Thursday from 4 p.m. to 8 p.m. for a "Selection of Simple Snacks and Festive Libations." Call 472-3300 or visit cocoapesto.com.

FOOD AS ART Cheapside Café, in the Art Gallery of Nova Scotia, 1723 Hollis St., continues to provide an elegant respite for art lovers. Their menu includes desserts from the famous Scanway. Call 425-4494 or visit cheapside.ca.

VALERIE MANSOUR/
FOR METRO HALIFAX

In brief

BIG REDS AT THE Q Saturday, at Q Smokehouse, 1580 Argyle St. Tickets are \$35 for the wine school (4 p.m.), \$50 for the dinner (6 p.m.) or \$80 for both. Wine class includes instruction, course materials and five wine samples. E-mail mark@bytheglass.ca.

VALERIE MANSOUR/
FOR METRO HALIFAX

Cookbook celebrates L'Aquila

Author honours Italian region devastated by earthquake

When native Torontonians Maria Filice married book publisher Paul Piccone of New York in 1997, they honeymooned in L'Aquila, his hometown in the province of Abruzzo in northeast Italy.

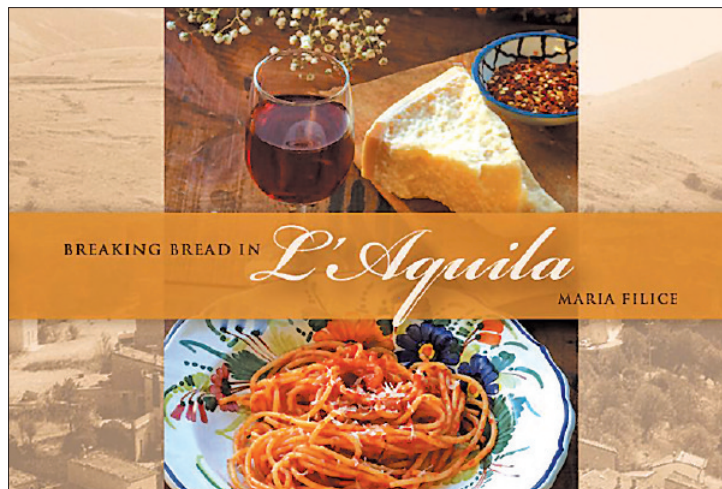
The pair travelled frequently back to the region for what Filice calls "our time away from the world."

"I fell in love with his hometown. The region is very mountainous and the culture and history is just incredible," she says.

In 2004, Piccone died of cancer. Then in April 2009, L'Aquila was hit with a devastating earthquake and Filice returned to the city to revisit and remember the people and flavours she found there.

This was the inspiration for her to honour her late husband and his birth city. The result is her first cookbook, *Breaking Bread in L'Aquila* (Food & Fate Publishing, \$29.95, hardcover).

During their visits to L'Aquila, Filice and her husband frequented San Biagio, "a small and charming trattoria owned by two brothers who knew how to make their cus-



Canadian author Maria Filice's cookbook *Breaking Bread in L'Aquila* was inspired by her trip to her late husband's Italian hometown after the 2009 earthquake hit the region.

tomers happy through their warm and delicious food."

Consequently some of the recipes in the book are gleaned from those the couple sampled at the restaurant.

With her own background as a first-generation Canadian of parents who emigrated to this country from Calabria, Italy, Filice grew up watch-

ing her mother, grandmother and aunts as they prepared simple but delicious meals.

"Paul was a great cook himself and we cooked together and had many splendid dinner parties at our New York apartment," she recalls.

With full colour photography by Carolyn Pulford, the book is organized according to the days of the

week, with suggested wines from Abruzzo.

Filice has included a pantry suggestion list of Italian ingredients to have on hand for the 49 recipes.

Here from the book is her succulent recipe for roast chicken. "I especially like this one, because it sends the beautiful aroma of rosemary wafting through the house."

THE CANADIAN PRESS

Italian inspiration

Roast Chicken With Rosemary and Garlic**Ingredients:**

- 1 chicken (1.5 to 1.8 kg/3 to 4 lb)
- 45 to 60 ml (3 to 4 tbsp) extra-virgin olive oil
- 3 cloves garlic, minced
- 45 ml (3 tbsp) fresh rosemary, chopped
- 15 ml (1 tbsp) coarse salt
- 1 ml (1/4 tsp) freshly ground black pepper

Method:

1. Preheat oven to 190 C (375 F).
2. In a small bowl, combine olive oil, garlic, rosemary, salt

and pepper and mix well. Using a spoon (or your fingers), rub mixture under skin and outside of chicken until it's well coated.

3. Place on a rack in a baking pan and bake until chicken is golden brown and cooked through, about 1 1/2 hours. Check chicken periodically and baste several times.

4. Let chicken sit for about 10 minutes before carving. Then cut into pieces and serve warm.

Serves 4

THE CANADIAN PRESS

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Looks like their differences weren't so irreconcilable after all. After both citing that reason in filing separate divorce papers last month, Larry King and his seventh wife, Shawn Southwick King, have reconciled and halted their separation, people.com reports. **METRO NEWS SERVICES**

Making it work

Celebrity Buzz

Michael Jackson wanted to leave everything behind

AND SO HE DID. JUST NOT THE WAY HE HAD IMAGINED Michael Jackson desperately wanted to go into hiding before his death, female-first.co.uk reports.

Tapes of leaked answering machine messages have revealed the late singer — who died of acute Propofol intoxication last June — begged friends for

money to help him start a new life as he feared for his safety.

In one message, published by The Sun newspaper, he said: "It is Michael calling. It is very important, I want that 150 in that account for me, because ... I am very concerned about my life."

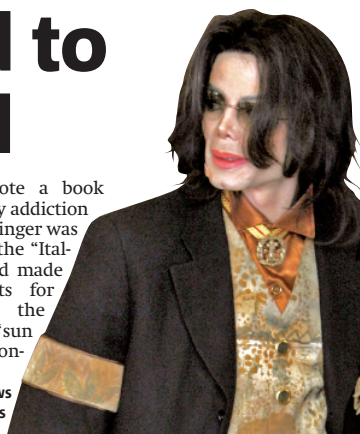
"I am hearing a lot of sto-

ries that (name withheld) is still trying to sabotage (inaudible) me and I want to be in a different environment and, um, I've found a place that I like and now (inaudible) I want to be away for a while where they can't find me.

Other messages — which were given to U.S. journalist Daphne Barak

after she wrote a book about celebrity addiction — reveal the singer was trying to flee the "Italian Mafia" and made more requests for cash, using the code word "sun screen" for money.

METRO NEWS SERVICES



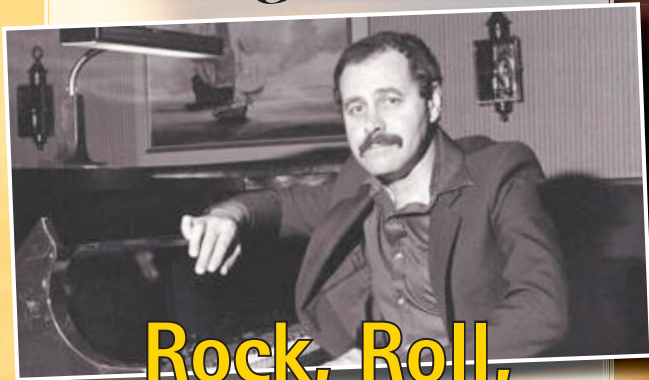
Brit doesn't trust Jason's biz choices

BUT SHE STILL TRUSTS HIS TASTE IN WOMEN Britney Spears is ditching Jason Trawick as her agent — but keeping him as her boyfriend. Spears and Trawick "have decided to end their professional relationship and focus on their personal relationship," a rep for the singer tells People.

While she'll have to find a new agent now, "they are very happy," a source says.

METRO WORLD NEWS

In Memory of Kenny Weeks



Rock, Roll, & Remember

A night to remember and celebrate Kenny will be held at Michael's Bar and Grill.

Kenny's career spanned from 1956 to 2009 originally playing with the band *Compromise* and later founded *Kenny Weeks and The Meteors*.

Sunday, May 16 • 2 pm to 7 pm
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Open to everyone – Please come out and jam or just reminisce.

For information, please call Reg at 530-2413

Alex doesn't want strike out

HOPING FOR A HOME RUN WITH THIS ONE BUT IS KEEPING ALL HIS BASES COVERED JUST IN CASE SHE DECIDES TO MAKE A RUN FOR IT. OK, I'LL STOP NOW

New York Yankees star Alex Rodriguez is hoping his fledgling romance with Cameron Diaz doesn't suffer the same fate as his recent relationship with Kate Hudson, according to *Hollyscoop*.

"He doesn't want what happened to him and Kate to happen between him and

Cameron," a source says.

"Kate was at every New York game and

then some and even went to Alex's game practice. Things got too clingy, too fast."

Luckily, he doesn't have to worry about Diaz doing the same.

"Cameron is not really into baseball, so she wouldn't want to go to all the games," the source adds.

METRO WORLD NEWS

Wanted to stay seated

INSTEAD THEY HAD TO PLAY MUSICAL CHAIRS Leonardo DiCaprio and girlfriend Bar Refaeli had tough time settling in for a screening of *Iron Man 2* recently, as they and their friends were asked to move seats four times, according to *Page Six*.

"He clearly didn't realize you could reserve seats," a

source says of DiCaprio, who was at least a good sport about the whole thing. "During the pre-views, Leo and his group were asked to move three times. Then, as the trailer for his new movie, *Inception*, began playing, they were asked to move again. "They were gracious. Leo was smiling at the irony of it."

METRO WORLD NEWS

Best way to show you're over her?

MAKE OUT WITH RANDOMS IN A PUBLIC PLACE Jim Carrey has been working hard at getting over his split from Jenny McCarthy.

Sources tell *Page Six* the actor arrived at a New York City nightclub at 3 a.m. recently with an entourage of 10 women.

"Once in the

VIP area, he turned his attention to a pretty blonde who looked a lot like Jenny and a hot brunette," a source says.

"Things were getting so hot and heavy, someone shouted, 'Get a room.' Jim just burst out laughing."

METRO WORLD NEWS

Follow these celebrities on Twitter...

CelebTweets

LINDSAY LOHAN is still offering condolences, **PARIS**

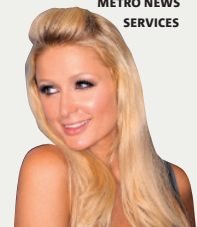
HILTON doesn't exactly lead a tough life, and **CONAN O'BRIEN** doesn't have it so bad either.

@lindsaylohan happy birthday and r.i.p. Natasha Richardson

@ParisHilton Just had an amazing two hour deep tissue massage. So relaxing. Now I have to start packing for the Monaco Grand Prix and Cannes. So Excited!

@ConanOBrien I'm a simple man. I start every day with a cup of joe, the morning paper, and a lavender Pan-Asian body scrub from my man-servant, Lobo.

METRO NEWS SERVICES

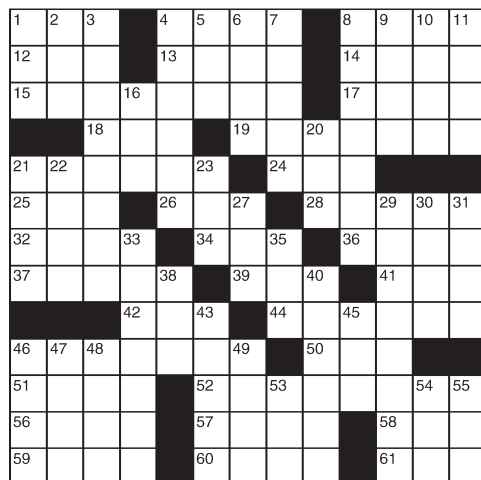




TWN incorporates MSC data

For more delicious Metro recipes, visit: metronews.ca/food

Take Five



ACROSS

1 Vegas-based TV series
4 Rebuff a masher
8 Satan's minions
12 Coop denizen
13 Portable phone
14 "— nome" (Verdi aria)
15 Soon
17 Eastern potentate
18 Additionally
19 Football stat
21 Khaki pants
24 Body art, for short
25 Cartoonist
26 Depressed
28 Robbery
32 Rice-shaped pasta
34 Joker
36 Egyptian symbol of life
37 "The Duke"
39 Knock
41 Sailor's assent
42 Conclude
44 Abate
46 Thwarts

50 Shoe width
51 Ginormous
52 Hardly calm
56 "— have to do"
57 Manage somehow
58 Old French coin
59 Jamie Oliver, e.g.
60 Basin accessory
61 Away from WSW

DOWN

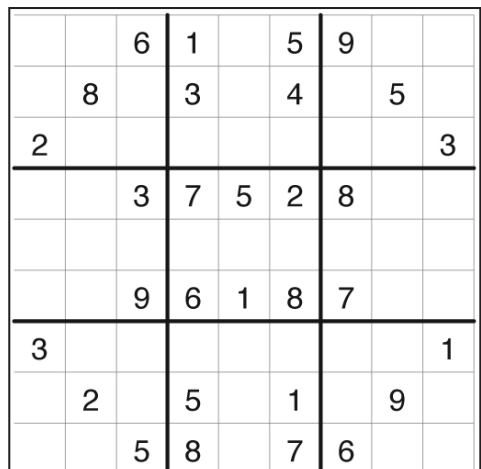
1 Actor McBride
2 D.C. VIP
3 Highly excited
4 Guppy troop?
5 It may be worn with a muumuu
6 Partner in crime
7 Accordion feature
8 Summertime beverage
9 One of the Three Bears
10 Bluenose
11 Aching
16 Triumphed
20 "Go, team!"
21 Cornfield

intruder
22 Circle dance
23 Scatter seeds
27 1940s headline word
29 Sort of
30 Terrier type
31 Subsequently
33 Personal identity
35 Cowboy's sweetie
38 Navy rank (Abbr.)
40 Eye, slangily
43 Rid of rime
45 Vast expanse
46 Stylish
47 Naomi's daughter-in-law
48 Look lasciviously
49 Winter forecast
53 Mimic
54 Charged bit
55 Prompt

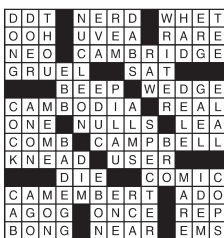
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



5	7	8	1	9	4	2	6	3
3	1	9	5	6	2	7	4	8
4	2	6	8	3	7	5	1	9
7	9	3	4	2	6	1	8	5
2	8	4	3	5	1	6	9	7
6	5	1	7	8	9	4	3	2
1	4	5	9	7	8	3	2	6
9	3	2	6	4	5	8	7	1
8	6	7	2	1	3	9	5	4

Horoscopes by Sally Brompton sallybrompton.comFor Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES
MARCH 21-APRIL 20
Your material circumstances may be changing but don't take it too seriously. It is only a temporary financial adjustment.



TAURUS
APRIL 21-MAY 21
Don't be too eager to start something new. It may feel as if you don't start now you'll get left behind but that isn't true. Focus on your long-term ambitions.



LIBRA
SEPT 23-OCT 23
You are determined to succeed and will stop at nothing to reach the top, financially and professionally.



SCORPIO
OCT 24-NOV 22
Go out of your way to let partners and loved ones know that your emotions run deep. Others sometimes find you difficult to approach.



GEMINI
MAY 22-JUNE 21
There may be times over the next day or two when you need to be alone. You have a great many things to think about, so find yourself a quiet spot.



SAGITTARIUS
NOV 23-DEC 21
Your head will rule your heart today, and that's fine, but try not to give loved ones the impression that you no longer care.



CANCER
JUNE 22-JULY 22
A flash of insight could change your life for the better. What you realize may not be that important in itself but the implications could be enormous.



CAPRICORN
DEC 22-JAN 20
Despite what some people might think you can do charm and you will do it magnificently today, and even better tomorrow.



LEO
JULY 23-AUG 23
You may have to sacrifice one aspect of your lifestyle over the next two or three days so that another aspect gets the chance to thrive.



AQUARIUS
JAN 21-FEB 18
Although Aquarius is generally a positive sign there are times when you let other people's negative comments get to you, that could be a danger today.



VIRGO
AUG 24-SEPT 22
You seem to be in an idealistic frame of mind at the moment and what happens today and tomorrow will further convince you that it pays to be that way.



PISCES
FEB 19-MARCH 20
You have been imposing too many restrictions on yourself of late and you need to get back to that free and easy attitude you have.



This day in history

1830: Ecuador gains its independence from Gran Colombia.
1846: Mexican-American War: The United States declares war on Mexico.
1880: In Menlo Park, N.J., Thomas Edison performs the first test of his electric railway.
1939: The first commercial FM radio station in the United States is launched in Bloomfield, Conn. The station later becomes WDRC-FM.
1994: Johnny Carson makes his last television appearance on Late Show with David Letterman.

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